Nutrition and Integrative Health Curriculum
September 2012

LEVEL ONE

Trimester 1		Credits
ISci 521	Fundamentals of Chemistry	3.0
ISci 632	Foundations of Health and Wellness	3.0
NUTR 614	Human Nutrition I: Macronutrients	2.0
NUTR 681	Cooking with Whole Foods Lab I	0.5
	Total	**8.5**

Trimester 2		Credits
ISci 626	Nutritional Biochemistry	3.0
COA 601A	Practitioner Skills I (Becoming a Healing Presence)	2.0
ISci 646A	Health and Wellness Physiology I	2.0
NUTR 601	Redefining Nutrition	1.0
NUTR 682	Cooking with Whole Foods Lab II	0.5
	Total	**8.5**

Trimester 3		Credits
NUTR 612	Human Nutrition II: Micronutrients	3.0
ISci 646B	Health and Wellness Physiology II	2.0
NUTR 683	Cooking with Whole Foods Lab III	0.5
	Total	**5.5**

Trimester 4		Credits
NUTR 622	Advanced Biochemistry, Pathophysiology, and Assessment	3.0
NUTR 641	Life Cycle Nutrition	3.0
NUTR 652	Practitioner Skills II	2.0
NUTR 684	Cooking with Whole Foods Lab IV	0.5
	Total	**8.5**

LEVEL TWO

Trimester 5		Credits
NUTR 631	Therapeutic Diets I	2.0
ISci 703A	Applied Statistics	1.5
NUTR 653	Practitioner Skills III	2.0
NUTR 685	Cooking with Whole Foods Lab V	0.5
NUTR 654C/ 691C/692C	Clinic/Practicum/Thesis	1.5
	Total	**7.5**

Trimester 6		Credits
NUTR 672	Nourishment	2.0
NUTR 632	Therapeutic Diets II	2.0
NUTR 654D/ 691D/692D	Clinic/Practicum/Thesis	1.5
NUTR 686	Cooking with Whole Foods Lab VI	0.5
ISci 703B	Applied Research Skills	1.5
	Total	**7.5**

Elective Credits	**4.0**
Total Program Credits:	**50**

Sample Selection of Elective Courses

		Credits
NUTR663	Sports Nutrition	1.0
NUTR 661	Practice Management	1.0
NUTR 662	Energetics of Food	1.0
NUTR 664	Food Systems and Policies	2.0
NUTR 665	Dynamics of Food & Healing	1.0
NUTR 699 A,B,C	Independent Study	1.0, 2.0, 3.0
NUTR 671	Food and Culture	1.0
ISci 601	Language & History of Medicine	3.0
ISci 615	Mind Body Science	3.0
ISci 655	Holistic Medicine	3.0
ISci 667	Science of Addiction	3.0
ISci 730	Integrative Approaches for Care of the Whole Person	0.5
ISci 743	Neuroscience	3.0
HRB 530	Fundamentals of Herbalism	3.0
COA 610	Fundamentals of Health & Wellness Coaching	3.0