



**Tai Sophia
Institute**

For Immediate Release

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**“INKLINGS” Exhibit Opens March 4
at Tai Sophia Institute’s Himmelfarb Gallery
Features Paintings of Celebrated Maryland Artist**

LAUREL, MD (February 16, 2010) – “Inklings,” recent paintings by Maryland artist Kristy Simmons, opens March 4, 2010, in the Himmelfarb Gallery at Tai Sophia Institute.

An artist reception, which is open to the public, will be held Thursday, April 1, 2010, from 5:00 p.m. to 7:00 p.m.

In this series of paintings, Simmons conveys the intersection where material reality meets the quantum, or non-material world. “With thin underpainting and glazes,” explains Simmons, “I suggest the common material forms we encounter in our everyday life and immerse them in the quantum realm from which they spring. I use translucent, iridescent, and transparent materials to give the viewer an inkling of where these two worlds meet. In some cases the images are recognizable, and in other instances the subjects are diminished or enshrouded in the non-material realm.” Simmons’ approach to these paintings reflects her assumption that our process of constructing reality is a mixture of our physical perception and that which we subjectively “make up” in the act of viewing.

Artworks from the show will be on sale through The Meeting Point Bookstore, which is adjacent to the gallery. Visit the Himmelfarb Gallery online at www.tai.edu/Himmelfarb.aspx.

What: “Inklings”
Recent Paintings by Kristy Simmons
When: March 4 – May 29, 2010
Where: Himmelfarb Gallery, Tai Sophia Institute
7750 Montpelier Road, Laurel, MD 20723

Artist reception: Thursday, April 1, 2010, 5:00–7:00 p.m.

Regular gallery hours:

Monday–Thursday: 8:00 a.m.–7:00 p.m.
Friday: 8:00 a.m.–5:00 p.m.
Saturday: 8:00 a.m.–4:00 p.m.
Call 410-888-9048 for additional weekend hours.

(more)



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About the Artist

Kristy Simmons received a bachelor's degree in studio arts at the University of California – Santa Cruz, and a Master of Arts in Applied Healing Arts from Tai Sophia Institute. Simmons' work has been selected for exhibitions throughout the country including the Museum of Natural History, the Hemicycle Gallery in the Corcoran Gallery, and the Baltimore Museum of Art. Her artworks have appeared in solo and group shows in the Washington, DC area since 1988. Simmons has received numerous awards and honors including an individual artist award from the Arts and Humanities Council of Montgomery County. She lives in Bethesda, MD, where she maintains her studio. To know more, visit her website www.kristysimmonsart.com.

About Tai Sophia Institute

Tai Sophia Institute, a private, nonprofit organization based in Laurel, Maryland, is a center for wellness-based education, client care, and public policy discourse. Founded in 1974, the Institute has evolved into a diverse resource providing accredited graduate academic programs, continuing professional education, community wellness programs, and clinical services in acupuncture, nutrition, and herbal medicine. The Institute's 12-acre main campus also houses a bookstore, a library, and herb and meditation gardens, all of which are open to the public.

About the Himmelfarb Gallery

The lobby of Tai Sophia's main campus building serves as the gallery space which features four exhibitions each year. Launched in April 2003, the exhibition space has been home to paintings, drawings, prints, photography, fabric, and artist-made paper. Each exhibition focuses on some aspect of healing, wellness, or nature. It is a place where art and healing intersect.

The Himmelfarb Gallery honors the Helen M. and Annetta E. Himmelfarb Foundation for its gift of \$1 million to the Institute, the largest donation in Tai Sophia's history. The dedication and naming of the space took place on November 17, 2006.

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(Note to Journalists: Digital images are available by request.)